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SCHOOL & MASS EDUCATION DEPARTMENT

RESOLUTION

The 7th June, 2014

Sub: Integration of syllabus of Health and Physical Education in regular school curriculum.

The norms and standards for a School prescribed under RTE Act. emphasizes on co-curricular activities of the students from class-I to VIII and as such stipulates promotion of Health and Physical Education (H.&P.E.) in Elementary Schools. The Odisha State Youth Policy, 2013 also stipulates that Sports and Physical Education shall be made an integral part of school curriculum and sports period will be made compulsory. Keeping the above provisions in view, Government after careful consideration have been pleased to decide that integration of syllabus of Health and Physical Education in regular school curriculum shall be done in the following manner:—

- (a) In each school, one suitable teacher will be in charge of Health & Physical Education, if Physical Education Teacher (PET) is not appointed in the school. In case of non-availability of a suitable teacher or PET the services of Physical Education Teacher /Physical Training Instructor (PTI) of one school can be utilized for nearby schools by the order of Block Education Officer (BEO) /District Education Officer (DEO).
- (b) The Inspector of Physical Education (IPE) shall be the Nodal officer for H&PE activities in the District (Elementary & Secondary Schools). He will provide required support to the school.
- (c) Three periods per week shall be earmarked in each class for H&PE (1 period – mass drill, 1 period – games & sports, 1 period – Physical fitness / Yoga / Self-defence activities) for having uniformity.

- (d) In the Calendar of Activities, there shall be 3 periods for H&PE in each class (Class I to VIII). If required, one period of work education is to be diverted for the period of H&PE – Physical fitness, Yoga / Self-defence activities.
- (e) Simple activities shall be under taken in Class I to V. Preferences shall be given to sports card games as followed in CBSE. TE & SCERT will provide the curriculum framework.
- (f) Self-defence activities shall be focused from Class VI onwards in all High Schools & Elementary Schools.
- (g) The school will start at 9.30 A.M. to provide scope to the students to play from 9.30 A.M. to 10.00 A.M. Children will be encouraged to play in schools. After 10.00 A.M. normal activities will follow which includes assembly and other curricular activities.
- (h) The syllabus prepared by TE & SCERT-2008, syllabus of BSE(O) & CCE Manual shall be revisited to develop a manual of H&PE (syllabus and its modalities) for Class– I to V and Class–VI to X for its uniform implementation in all the schools of the State. Children to be sensitized regarding various aspects related to the traditional health systems like Yoga.
- (i) Orientation programme on H&PE will be conducted at State level by TE & SCERT to train the Master Resource Persons to conduct training at district level. At least 06 Resource Persons from each District shall be selected for the purpose. Necessary funds will be provided by RMSA for the purpose under training head. If required, the funds available with Teacher Training Institutions/SCERT level can be utilized for training purpose. Sports & Youth Services Department (S&YS) will also depute their District level functionaries to become the Master Resource Persons.
- (j) OPEPA will prepare teacher manual and training packages / modules of H&PE to facilitate orientation / training of Master Trainers, PET, Assistant Teachers in charge of PET. S&YS Department will provide feedback in preparing training module and also will be involved at District level. Services of the officials and functionaries of S&YS Department will be utilized for better convergence.
- (k) Activities suitable for Girls shall be included in the manual on H & P.E. Gender perspectives shall be imparted while training PETs.
- (l) The syllabus of H & PE is not available in the schools. The TE & SCERT will prepare the syllabus for all classes in consultation with BSE(O). Schools can also structure their activities innovatively/creatively in the interest of the students.

- (m) The performance of students in H & P.E. will be assessed in 3 points scale by assigning grade—A (Gold), B (Silver) and C (Bronze). Special weightage shall be given to the grade of H&PE while calculating the overall grade of the students. The grade of Health & Physical Education shall be reflected in class-X Certificate.
- (n) There will be provision for weightage of 5 marks which will be added as grace marks if students needed for passing 10th HSC Examination. The details in this regard will be worked out by BSE, Odisha in consultation with TE&SCERT.
- (o) Every year 29th August shall be observed as “Sports Day” and will be included as the day of observance in the Calendar of Activities.
- (p) School will avail the facilities of medical check-up of the students in NRHM programme (Rashtriya Bala Swasthya Karyakram).
- (q) To monitor the implementation of H&PE at school level, 1-2 indicators shall be included in Samikhya format.
- (r) Assessment of Health & Physical Education shall be done in a systematic manner with objective assessment. For this, batteries of assessment test shall be adopted as suggested in National Physical Fitness Policy. H & PE teachers manual will reflect the details of assessment.

ORDER

Ordered that the Resolution be published in an Extraordinary issue of the *Odisha Gazette*.

By Order of the Governor

USHA PADHEE

Commissioner-*cum*-Secretary to Government